

# GARA » MezzaCiocia...ra - 21Km

Atleti arrivati: 276

Atleti iscritti: 307

Distanza percorso: 21097m

## CLASSIFICA GENERALE

Pos.	P1	P2	Pett.	Nome atleta	M/F	Anno	Cat.	N. Cat.	Società	T. int1	T. int2	T. Tempo	Velocità	Diff.
1	1	1	148	Oddi Dario	M	1977	SM45		Asd Atl.citta' Dei Papi Anagni	24:04	59:32	01:13:50	3:29	
2	6	2	301	Vannoli Fabrizio	M	1991	SM23		Olibanum Overrunners Asd	25:20	1:01:09	01:15:30	3:34	1:40
3	3	3	306	Quaglia Marco	M	1977	SM45		Top Runners Castelli Romani	24:54	1:01:41	01:16:05	3:36	2:15
4	4	4	298	Marcoccio Alfonso	M	1972	SM50	1	Runners Club Anagni	24:54	1:02:52	01:17:10	3:39	3:20
5	2	5	51	Cellucci Federico	M	1995	SM23	1	Top Runners Castelli Romani	24:54	1:03:29	01:17:57	3:41	4:07
6	5	6	328	Lai Sandro	M	1997	SM23	2	Atletica Amatori Nuoro	25:01	1:03:47	01:18:22	3:42	4:32
7	9	7	190	Savo Andrea	M	1988	SM35	1	Torrice Runners	25:51	1:04:45	01:19:20	3:45	5:30
8	8	8	300	Milana Christian	M	1978	SM45	1	Olibanum Overrunners Asd	25:38	1:05:31	01:20:36	3:49	6:46
9	7	9	305	De Vitis Alessandro	M	1998	SM23	3	Top Runners Castelli Romani	25:37	1:05:44	01:21:27	3:51	7:37
10	14	10	114	Reali Alfredo	M	1988	SM35	2	A.s.d. Frosinone Sport	27:10	1:06:57	01:22:25	3:54	8:35
11	11	11	192	Tallini Alessio	M	1991	SM23	4	Torrice Runners	26:20	1:07:40	01:22:53	3:55	9:02
12	12	12	310	Todini Andrea	M	1982	SM40	1	A.s.d. Freaks All Around	26:31	1:07:43	01:23:00	3:56	9:10
13	10	13	213	Iafrati Stefano	M	1994	SM23	5	Atletica Arce	26:18	1:07:39	01:23:17	3:56	9:27
14	13	14	101	Colleni Umberto	M	1972	SM50	2	A.s.d. Frosinone Sport	27:04	1:07:55	01:23:20	3:57	9:30
15	15	15	105	D'Aversa Matteo	M	1985	SM40	2	A.s.d. Frosinone Sport	27:20	1:08:45	01:24:19	3:59	10:29
16	23	16	326	Alberico Matteo	M	1982	SM40	3	Asd Alvignano Running	28:52	1:10:56	01:25:52	4:04	12:02
17	18	17	42	Abbatangeli Massimiliano	M	1978	SM45	2	Asd Endurance Training	27:53	1:10:51	01:27:05	4:07	13:15
18	19	18	270	Gatta Enrico	M	1992	SM23	6	Team Alatri Prince 2.0	27:53	1:10:51	01:27:06	4:07	13:16
19	22	19	285	Fargione Vincenzo	M	1963	SM60	1	Gsbr	28:44	1:11:17	01:27:23	4:08	13:33
20	16	20	18	De Caris Francesco	M	1985	SM40	4	Ernica Veroli	27:24	1:11:12	01:27:42	4:09	13:52
21	24	21	7	Armandini Daniele	M	1980	SM45	3	Ernica Veroli	28:52	1:11:47	01:27:57	4:10	14:07
22	20	22	284	Vona Gino	M	1972	SM50	3	A.s.d. Liri Runners	27:56	1:11:39	01:28:00	4:10	14:10

23	45	23	108	Ferrante Marco	M	1972	SM50	4	A.s.d. Frosinone Sport	29:39	1:12:26	01:28:04	4:10	14:14
24	44	24	95	Antonucci Stefano	M	1983	SM40	5	A.s.d. Frosinone Sport	29:39	1:12:26	01:28:05	4:10	14:15
25	46	25	112	Pironi Fabio	M	1978	SM45	4	A.s.d. Frosinone Sport	29:39	1:12:26	01:28:07	4:10	14:16
26	21	26	35	Scaccia Alessandra	F	1972	SF50		Ernica Veroli	28:33	1:12:02	01:28:43	4:12	14:53
27	33	27	267	Panetta Ernesto	M	1978	SM45	5	Atl. Colleferro Segni	28:56	1:12:18	01:28:47	4:12	14:57
28	29	28	110	Noce Simone	M	1992	SM23	7	A.s.d. Frosinone Sport	28:53	1:12:31	01:28:53	4:12	15:03
29	17	29	332	Marcellino Silvio	M	1980	SM45	6	Runners Desio	27:50	1:12:15	01:28:53	4:12	15:03
30	27	30	177	Arduini Vincenzo	M	1987	SM35	3	Torrice Runners	28:52	1:12:32	01:28:54	4:12	15:03
31	30	31	128	Mancini Paolo	M	1990	SM35	4	Runcard	28:53	1:12:32	01:28:56	4:12	15:06
32	26	32	149	Pace Daniele	M	1990	SM35	5	Asd Atl.citta' Dei Papi Anagni	28:52	1:12:31	01:28:58	4:13	15:08
33	28	33	232	Mastronardi Fabio	M	1978	SM45	7	Asd Spartan Sport Academy	28:52	1:12:32	01:28:58	4:13	15:08
34	50	34	283	Rossini Michele	M	1968	SM55	1	A.s.d. Liri Runners	29:46	1:13:20	01:29:10	4:13	15:20
35	36	35	22	Germania Stefano	M	1969	SM55	2	Ernica Veroli	29:00	1:13:07	01:29:36	4:14	15:46
36	40	36	212	Giannetti Luigi	M	1977	SM45	8	Atletica Arce	29:31	1:13:19	01:29:49	4:15	15:58
37	25	37	140	Cecilia Fabio	M	1987	SM35	6	Asd Atl.citta' Dei Papi Anagni	28:52	1:13:49	01:30:48	4:18	16:58
38	51	38	152	Potenziani Dario	M	1988	SM35	7	Asd Atl.citta' Dei Papi Anagni	29:47	1:13:50	01:30:48	4:18	16:58
39	31	39	153	Proietti Andrea	M	1986	SM35	8	Asd Atl.citta' Dei Papi Anagni	28:54	1:13:29	01:30:49	4:18	16:59
40	49	40	94	Antonucci Stefano	M	1982	SM40	6	A.s.d. Frosinone Sport	29:43	1:14:18	01:30:59	4:18	17:09
41	65	41	248	Martella Mattia	M	2005	SM23	8	Runners Team Carpineto Rom	30:18	1:14:40	01:31:24	4:19	17:34
42	35	42	21	Frocione Pietro	M	1974	SM50	5	Ernica Veroli	28:57	1:14:43	01:31:33	4:20	17:43
43	42	43	324	Paola Francesco	M	1974	SM50	6	Asd Nissolino Intesatletica	29:34	1:14:42	01:31:54	4:21	18:04
44	63	44	315	Baliva Sisto	M	1970	SM55	3	Gs Celano	30:18	1:15:20	01:32:10	4:22	18:20
45	54	45	103	Crescenzi Ivano	M	1990	SM35	9	A.s.d. Frosinone Sport	29:56	1:14:25	01:32:14	4:22	18:24
46	43	46	286	Lungu Luminita	F	1969	SF55		Gsbr	29:36	1:14:46	01:32:36	4:23	18:46
47	67	47	320	Berteletti Matteo	M	1986	SM35	10	Trail Monti Simbruini	30:21	1:15:41	01:32:47	4:23	18:57
48	79	48	116	Berico Andrea	M	1988	SM35	11	Runcard	31:13	1:16:54	01:32:49	4:23	18:58
49	39	49	287	Redondo Pierpaolo	M	1971	SM50	7	Gsbr	29:29	1:15:11	01:32:54	4:24	19:04
50	47	50	268	Brocchetti Matteo	M	1994	SM23	9	Team Alatri Prince 2.0	29:39	1:15:08	01:32:58	4:24	19:08
51	38	51	134	Sansone Innocenzo	M	1980	SM45	9	Runcard	29:28	1:15:43	01:33:06	4:24	19:16

52	34	52	88	Santia Valerio	M	2000	SM23	10	Il Corridore Running Club Asd	28:56	1:14:53	01:33:07	4:24	19:17
53	53	53	266	Nori Verbania	F	1978	SF45		Atl. Colleferro Segni	29:47	1:15:29	01:33:07	4:24	19:17
54	58	54	230	Del Monte Alessandro	M	1993	SM23	11	Asd Spartan Sport Academy	30:12	1:16:21	01:33:17	4:25	19:26
55	55	55	61	Pacitti Federico	M	1988	SM35	12	Asd Endurance Training	29:58	1:15:26	01:33:27	4:25	19:37
56	41	56	127	Longo Andrea	M	1975	SM50	8	Runcard	29:33	1:15:50	01:33:40	4:26	19:49
57	60	57	92	Verro Gianluca	M	1984	SM40	7	Il Corridore Running Club Asd	30:16	1:16:24	01:33:50	4:26	20:00
58	37	58	289	Rossi Andrea	M	1981	SM40	8	Asd Runners Team Colleferro	29:05	1:15:16	01:33:56	4:27	20:06
59	66	59	118	Butnaru Marius Iulian	M	1987	SM35	13	Runcard	30:21	1:16:54	01:34:08	4:27	20:18
60	56	60	155	Sacrosanto Cristian	M	1983	SM40	9	Asd Atl.citta' Dei Papi Anagni	30:07	1:16:27	01:34:08	4:27	20:18
61	52	61	242	Campanella Stefano	M	1977	SM45	10	Podistica Solidarieta'	29:47	1:16:35	01:34:18	4:28	20:28
62	32	62	172	Panecaldo Felice	M	1978	SM45	11	Aletica Ceccano	28:54	1:15:55	01:34:19	4:28	20:28
63	64	63	333	Nigro Tommaso	M	1987	SM35	14	Napoli Run	30:18	1:16:55	01:34:21	4:28	20:31
64	92	64	237	Dimusor Ion	M	1980	SM45	12	Asd Palestrina Running	31:44	1:17:45	01:34:22	4:28	20:31
65	91	65	235	De Rosa Marco	M	1990	SM35	15	Asd Palestrina Running	31:44	1:17:46	01:34:22	4:28	20:32
66	90	66	234	Casale Antonio	M	1969	SM55	4	Asd Palestrina Running	31:43	1:17:45	01:34:22	4:28	20:32
67	69	67	207	Antonelli Bernard	M	1966	SM55	5	Aletica Arce	30:25	1:16:56	01:34:33	4:28	20:42
68	61	68	82	Maggi Antonio	M	1973	SM50	9	Il Corridore Running Club Asd	30:16	1:16:24	01:34:34	4:28	20:43
69	68	69	196	De Filippo Fabio	M	1987	SM35	16	Pol. Aletica Ceprano	30:23	1:16:48	01:34:34	4:28	20:44
70	57	70	293	Magno Mazzotta Fabio	M	1985	SM40	10	Lbm Sport Team	30:07	1:16:44	01:35:06	4:30	21:16
71	102	71	124	Eusepi Gabriele	M	1985	SM40	11	Runcard	31:55	1:18:43	01:35:12	4:30	21:22
72	104	72	34	Santoro Gabriele	M	1983	SM40	12	Ernica Veroli	31:58	1:18:41	01:35:18	4:31	21:28
73	106	73	331	Mazzocchia Alessandro	M	1966	SM55	6	Iao Gym Club	32:07	1:18:18	01:35:32	4:31	21:42
74	100	74	109	Foglietta Giuseppe	M	1977	SM45	13	A.s.d. Frosinone Sport	31:54	1:18:42	01:35:37	4:31	21:47
75	101	75	97	Biasini Matteo	M	1994	SM23	12	A.s.d. Frosinone Sport	31:54	1:18:42	01:35:39	4:32	21:48
76	71	76	330	Di Giamberardino Domenico	M	1970	SM55	7	Inix Sport	30:32	1:17:48	01:35:45	4:32	21:55
77	99	77	106	De Carolis Alessandro	M	1974	SM50	10	A.s.d. Frosinone Sport	31:54	1:18:42	01:35:57	4:32	22:07
78	73	78	28	Martinez Agustin Daniel	M	1987	SM35	17	Ernica Veroli	30:58	1:18:19	01:36:00	4:33	22:09
79	76	79	189	Rizzi Antonio	M	1978	SM45	14	Torrice Runners	31:02	1:18:25	01:36:09	4:33	22:19
80	48	80	299	Vismara Gianluca	M	1977	SM45	15	Runners Club Anagni	29:41	1:17:42	01:36:12	4:33	22:22

81	81	81	247	Cekrezi Fatos	M	1985	SM40	13	Asd Runners Team Colleferro	31:21	1:18:25	01:36:18	4:33	22:28
82	88	82	111	Palmieri Valery	F	1986	SF35	1	A.s.d. Frosinone Sport	31:36	1:18:54	01:36:34	4:34	22:44
83	82	83	329	Acrisio Lorenzo	M	1982	SM40	14	Atleticom Asd	31:22	1:18:55	01:36:59	4:35	23:09
84	86	84	20	Filardi Francesco Maria	M	1967	SM55	8	Ernica Veroli	31:35	1:19:33	01:37:03	4:36	23:13
85	80	85	125	Imperioli Matteo	M	1990	SM35	18	Runcard	31:14	1:19:10	01:37:05	4:36	23:15
86	77	86	264	Caso Damiano	M	1978	SM45	16	Atl. Colleferro Segni	31:07	1:18:54	01:37:10	4:36	23:19
87	78	87	25	Lilla Archimede	M	1967	SM55	9	Ernica Veroli	31:07	1:19:08	01:37:20	4:36	23:30
88	87	88	36	Scaccia Raffaele	M	1985	SM40	15	Ernica Veroli	31:35	1:19:33	01:37:27	4:37	23:36
89	85	89	224	Lolli Valentina	F	1986	SF35	2	Briganti D'Abruzzo	31:34	1:19:33	01:37:44	4:37	23:54
90	108	90	156	Tantari Daniele	M	1979	SM45	17	Asd Atl.citta' Dei Papi Anagni	32:19	1:20:23	01:37:48	4:38	23:58
91	74	91	8	Caperna Pierpaolo	M	1993	SM23	13	Ernica Veroli	30:58	1:18:39	01:38:05	4:38	24:15
92	59	92	83	Maggi Sandro	M	1973	SM50	11	Il Corridore Running Club Asd	30:14	1:18:24	01:38:13	4:39	24:23
93	89	93	64	Rossi Ivano	M	1995	SM23	14	Asd Endurance Training	31:43	1:20:23	01:38:20	4:39	24:30
94	75	94	296	Abbate Massimiliano	M	1992	SM23	15	Pol. Ciociara Antonio Fava	30:59	1:19:31	01:38:21	4:39	24:30
95	72	95	80	Incitti Fabio	M	1970	SM55	10	Il Corridore Running Club Asd	30:54	1:20:02	01:38:21	4:39	24:31
96	96	96	228	Alfonzi Fabrizio	M	1976	SM45	18	Asd Spartan Sport Academy	31:51	1:21:43	01:38:53	4:41	25:03
97	103	97	199	Fiore Emiliano	M	1977	SM45	19	Pol. Atletica Ceprano	31:56	1:20:28	01:39:04	4:41	25:14
98	107	98	193	Bruni Danilo	M	1983	SM40	16	Pol. Atletica Ceprano	32:17	1:20:53	01:39:09	4:42	25:19
99	110	99	99	Canali Francesco	M	1969	SM55	11	A.s.d. Frosinone Sport	32:25	1:21:20	01:39:40	4:43	25:50
100	94	100	208	Di Palma Giancarlo	M	1972	SM50	12	Atletica Arce	31:47	1:20:56	01:39:50	4:43	26:00
101	84	101	162	Cipriani Fabrizio	M	1969	SM55	12	Atletica Ceccano	31:32	1:20:47	01:39:58	4:44	26:08
102	70	102	323	Boggia Antonio	M	1985	SM40	17	A.s.d Sabaudia Athletic Club	30:32	1:19:00	01:40:09	4:44	26:18
103	93	103	240	Proietti Libianchi Fernando	M	1980	SM45	20	Asd Palestrina Running	31:45	1:20:03	01:40:32	4:45	26:42
104	116	104	13	Ciangola Patrizio	M	1983	SM40	18	Ernica Veroli	33:14	1:22:42	01:41:06	4:47	27:16
105	132	105	120	D'Amico Carlo Maria	M	1991	SM23	16	Runcard	33:52	1:23:25	01:41:16	4:48	27:26
106	131	106	46	Begala' Mauro	M	1969	SM55	13	Asd Endurance Training	33:51	1:23:16	01:41:29	4:48	27:38
107	98	107	166	Lauretti Pio	M	1974	SM50	13	Atletica Ceccano	31:53	1:22:13	01:41:53	4:49	28:03
108	95	108	233	Tittozzi Gianni	M	1965	SM60	2	Asd Spartan Sport Academy	31:51	1:22:26	01:41:55	4:49	28:05
109	83	109	32	Patrizi Fabio	M	1983	SM40	19	Ernica Veroli	31:32	1:21:01	01:42:03	4:50	28:13

110	112	110	275	Pirani Massimo	M	1966	SM55	14	Asd Genzano Marathon	32:46	1:23:29	01:42:04	4:50	28:14
111	97	111	85	Ricci Dario	M	1981	SM40	20	Il Corridore Running Club Asd	31:52	1:22:32	01:42:29	4:51	28:39
112	115	112	31	Patrizi Fabio	M	1971	SM50	14	Ernica Veroli	33:06	1:23:36	01:42:39	4:51	28:49
113	173	113	40	Vinciguerra Roberto	M	1980	SM45	21	Ernica Veroli	35:21	1:33:14	01:42:45	4:52	28:55
114	118	114	188	Noce Marco	M	1973	SM50	15	Torrice Runners	33:28	1:24:05	01:43:02	4:53	29:12
115	126	115	309	Chiominto Tiziano	M	1964	SM60	3	A.s.d. Freaks All Around	33:33	1:24:12	01:43:23	4:54	29:33
116	135	116	246	Savo Luca	M	1970	SM55	15	Podistica Solidarieta'	34:04	1:25:13	01:43:25	4:54	29:34
117	145	117	133	Rossetti Alessio	M	1982	SM40	21	Runcard	34:13	1:25:19	01:43:26	4:54	29:36
118	121	118	145	De Luca Giuseppe	M	1975	SM50	16	Asd Atl.citta' Dei Papi Anagni	33:29	1:24:34	01:43:42	4:54	29:51
119	128	119	186	Nobili Gerardo	M	1989	SM35	19	Torrice Runners	33:46	1:24:57	01:43:45	4:55	29:55
120	123	120	187	Noce Gerardo	M	1976	SM45	22	Torrice Runners	33:29	1:24:25	01:43:46	4:55	29:56
121	146	121	221	Costantini Franco	M	1978	SM45	23	Briganti D'Abruzzo	34:13	1:25:12	01:43:56	4:55	30:06
122	113	122	272	Arcangeli Mauro	M	1965	SM60	4	Asd Genzano Marathon	32:49	1:24:39	01:43:59	4:55	30:09
123	141	123	279	Bevilacqua Clino	M	1973	SM50	17	Asd Roccagorga	34:12	1:25:40	01:44:13	4:56	30:23
124	138	124	302	Cristofanilli Michele	M	1977	SM45	24	Castro Running	34:12	1:25:39	01:44:19	4:56	30:28
125	149	125	70	Boccia Cristiano	M	1972	SM50	18	Il Corridore Running Club Asd	34:13	1:25:39	01:44:24	4:56	30:33
126	143	126	254	Pignatelli Paolo	M	1967	SM55	16	Asd Atletica Ferentino	34:12	1:25:39	01:44:28	4:57	30:37
127	105	127	292	Felici Cristian	M	1982	SM40	22	Lbm Sport Team	32:04	1:24:07	01:44:53	4:58	31:03
128	133	128	205	Romano Luigi	M	1968	SM55	17	Pol. Atletica Ceprano	33:55	1:24:44	01:45:15	4:59	31:25
129	147	129	87	Rossi Filippo	M	1979	SM45	25	Il Corridore Running Club Asd	34:13	1:25:50	01:45:15	4:59	31:25
130	120	130	160	Caponi Daniele	M	1974	SM50	19	Atletica Ceccano	33:28	1:25:40	01:45:19	4:59	31:28
131	137	131	197	De Lellis Giancarlo	M	1968	SM55	18	Pol. Atletica Ceprano	34:12	1:25:40	01:45:20	4:59	31:30
132	142	132	206	Simonelli Simona	F	1981	SF40	1	Pol. Atletica Ceprano	34:12	1:25:41	01:45:20	4:59	31:30
133	122	133	154	Proietti Silvano	M	1962	SM60	5	Asd Atl.citta' Dei Papi Anagni	33:29	1:24:34	01:45:20	4:59	31:30
134	150	134	90	Sperduti Sergio	M	1967	SM55	19	Il Corridore Running Club Asd	34:13	1:25:39	01:45:21	4:59	31:31
135	139	135	179	Cicconi Luigi	M	1967	SM55	20	Torrice Runners	34:12	1:25:52	01:45:25	4:59	31:35
136	109	136	259	Chiatroni Riccardo	M	1984	SM40	23	Runners Team Paliano	32:20	1:24:45	01:45:28	4:59	31:37
137	117	137	27	Lisi Mauro	M	1979	SM45	26	Ernica Veroli	33:22	1:25:43	01:45:34	5:00	31:43
138	144	138	281	Porcelli Loris	F	1970	SF55	1	Asd Roccagorga	34:13	1:26:00	01:45:34	5:00	31:44

139	166	139	79	Germani Marco	M	1981	SM40	24	Il Corridore Running Club Asd	35:05	1:28:43	01:46:03	5:01	32:13
140	134	140	117	Brocco Stefano	M	1994	SM23	17	Runcard	33:58	1:26:11	01:46:04	5:01	32:14
141	152	141	68	Blefari Norberto	M	1979	SM45	27	Il Corridore Running Club Asd	34:14	1:26:59	01:46:10	5:01	32:20
142	111	142	241	Sanclimenti Simone	M	1980	SM45	28	Asd Palestrina Running	32:31	1:24:45	01:46:11	5:02	32:21
143	136	143	6	Alonzi Daniele	M	1977	SM45	29	Ernica Veroli	34:05	1:25:52	01:46:18	5:02	32:27
144	127	144	251	Banescu Elena Loredana	F	1982	SF40	2	Asd Atletica Ferentino	33:35	1:26:02	01:46:30	5:02	32:39
145	148	145	258	Sperduti Tieri	M	1963	SM60	6	Oro Fantasy	34:13	1:26:23	01:46:38	5:03	32:48
146	160	146	218	Sisti Stefano	M	1984	SM40	25	Atletica Arce	34:43	1:26:51	01:46:43	5:03	32:52
147	161	147	183	Mastronardi Marco	M	1976	SM45	30	Torrice Runners	34:47	1:27:02	01:46:47	5:03	32:57
148	175	148	335	Marziantonio Gianluca	M	1991	SM23	18	Pol. Atletica Ceprano	35:24	1:27:35	01:46:50	5:03	33:00
149	155	149	261	Marucci Alessandro	M	1966	SM55	21	Runners Team Paliano	34:19	1:25:54	01:47:13	5:04	33:23
150	163	150	138	Calenne Anna	F	1971	SF50	1	Asd Atl.citta' Dei Papi Anagni	34:54	1:27:34	01:47:20	5:05	33:30
151	187	151	198	Felci Daniele	M	1979	SM45	31	Pol. Atletica Ceprano	35:45	1:28:08	01:47:26	5:05	33:36
152	124	152	49	Massaro Pasqualino	M	1975	SM50	20	Pol. Ciociara Antonio Fava	33:30	1:26:35	01:47:34	5:05	33:44
153	169	153	319	Gneo Francesco	M	1987	SM35	20	Running Team Alatri	35:09	1:26:59	01:47:35	5:05	33:44
154	156	154	294	Abbafati Katuscia	F	1982	SF40	3	A.s.d. Free Runners	34:21	1:27:09	01:47:41	5:06	33:51
155	157	155	295	Ierussi Paola	F	1976	SF45	1	A.s.d. Free Runners	34:22	1:27:10	01:47:41	5:06	33:51
156	153	156	41	Zeppieri Pietro	M	1966	SM55	22	Ernica Veroli	34:16	1:27:04	01:47:42	5:06	33:51
157	130	157	98	Botticelli Matteo	M	2000	SM23	19	A.s.d. Frosinone Sport	33:51	1:26:48	01:48:26	5:08	34:35
158	190	158	215	Pescosolodo Paolo	M	1966	SM55	23	Atletica Arce	35:50	1:28:42	01:48:32	5:08	34:42
159	191	159	209	Germani Lucia	F	1969	SF55	2	Atletica Arce	35:50	1:28:43	01:48:32	5:08	34:42
160	159	160	142	Cervini Gianni	M	1968	SM55	24	Asd Atl.citta' Dei Papi Anagni	34:30	1:28:52	01:48:37	5:08	34:47
161	129	161	229	Caporilli Alberto	M	1968	SM55	25	Asd Spartan Sport Academy	33:49	1:27:58	01:48:42	5:09	34:52
162		162	219	Tudino Luca	M	1986	SM35	21	Atletica Arce		1:28:45	01:49:03	5:10	35:12
163	151	163	146	Demola Domenico	M	1979	SM45	32	Asd Atl.citta' Dei Papi Anagni	34:14	1:28:11	01:49:08	5:10	35:18
164	164	164	222	Lo Russo Rosa	F	1975	SF50	2	Briganti D'Abruzzo	34:56	1:28:40	01:49:10	5:10	35:20
165	182	165	37	Tavelli Stefano	M	1978	SM45	33	Ernica Veroli	35:37	1:29:13	01:49:13	5:10	35:22
166	165	166	165	Edoardi Antonino	M	1972	SM50	21	Atletica Ceccano	35:01	1:28:45	01:49:44	5:12	35:54
167	154	167	67	Testani Michele	M	1973	SM50	22	Asd Endurance Training	34:19	1:28:09	01:49:47	5:12	35:57

168	181	168	24	Liburdi Francesco	M	1989	SM35	22	Ernica Veroli	35:34	1:29:17	01:49:51	5:12	36:00
169	172	169	10	Caschera Remo	M	1965	SM60	7	Ernica Veroli	35:19	1:29:13	01:49:52	5:12	36:02
170	178	170	161	Cialei Giorgia	F	1968	SF55	3	Aletica Ceccano	35:29	1:30:02	01:50:04	5:13	36:14
171	193	171	308	Fainelli Emanuele	M	1978	SM45	34	Asd Forresteam	36:04	1:30:16	01:50:13	5:13	36:23
172	196	172	245	Fusco Liberato	M	1968	SM55	26	Podistica Solidarieta'	36:32	1:30:31	01:50:13	5:13	36:23
173	179	173	167	Leo Mario	M	1962	SM60	8	Aletica Ceccano	35:29	1:30:04	01:50:18	5:13	36:28
174	114	174	73	Chiappini Emanuele	M	1981	SM40	26	Il Corridore Running Club Asd	33:03	1:28:35	01:50:20	5:13	36:30
175	119	175	327	Massimiani Andrea	M	1986	SM35	23	A.s.d. I Marsi	33:28	1:26:36	01:50:26	5:14	36:36
176	194	176	307	Cortese Silvia	F	1966	SF55	4	Asd Forresteam	36:07	1:30:26	01:50:28	5:14	36:37
177	167	177	23	Iaboni Giuliano	M	1972	SM50	23	Ernica Veroli	35:05	1:30:33	01:50:29	5:14	36:38
178	168	178	77	Gabrielli Paolo	M	1967	SM55	27	Il Corridore Running Club Asd	35:05	1:30:33	01:50:29	5:14	36:39
179	201	179	115	Angeloni Imerio	M	1960	SM65	1	Runcard	36:53	1:31:01	01:50:29	5:14	36:39
180	186	180	304	Droghei Valter	M	1962	SM60	9	Castro Running	35:43	1:30:33	01:50:43	5:14	36:53
181	192	181	15	D'Amico Flaviano	M	1964	SM60	10	Ernica Veroli	36:04	1:30:28	01:50:49	5:15	36:59
182	162	182	93	Aceto Giovanni	M	1954	SM70	1	A.s.d. Frosinone Sport	34:49	1:29:09	01:50:52	5:15	37:02
183	177	183	164	D'Emilio Antonio	M	1971	SM50	24	Aletica Ceccano	35:28	1:30:17	01:50:53	5:15	37:03
184	174	184	263	Romani Claudio	M	1970	SM55	28	Runners Team Paliano	35:24	1:30:13	01:51:01	5:15	37:11
185	210	185	311	Chinappi Lorenzo	M	1976	SM45	35	Fondi Runners 2010	37:32	1:31:35	01:51:34	5:17	37:44
186	188	186	123	Ermi Gurra	M	1985	SM40	27	Runcard	35:46	1:29:38	01:51:39	5:17	37:49
187	158	187	334	Palombo Italo	M	1968	SM55	29	Asd Atl.citta' Dei Papi Anagni	34:29	1:29:54	01:52:15	5:19	38:25
188	180	188	122	Dell'Uomo Simone	M	1997	SM23	20	Runcard	35:32	1:31:08	01:52:27	5:19	38:37
189	176	189	163	Crescenzi Andrea	M	1978	SM45	36	Aletica Ceccano	35:28	1:31:12	01:52:44	5:20	38:54
190	140	190	191	Seresini Francesco	M	1973	SM50	25	Torrice Runners	34:12	1:29:23	01:52:58	5:21	39:07
191	189	191	104	Cristofanilli Agostina	F	1983	SF40	4	A.s.d. Frosinone Sport	35:47	1:30:57	01:53:01	5:21	39:11
192	238	192	317	Sarandrea Francesco	M	1983	SM40	28	Stile Libero	39:09	1:34:43	01:53:02	5:21	39:12
193	170	193	16	D'Amico Massimiliano	M	1972	SM50	26	Ernica Veroli	35:18	1:34:36	01:53:19	5:22	39:29
194	171	194	12	Cestra Patrizio	M	1972	SM50	27	Ernica Veroli	35:18	1:34:36	01:53:20	5:22	39:30
195	221	195	58	La Rocca Marcello Vincenzo	M	1972	SM50	28	Asd Endurance Training	37:50	1:33:49	01:53:32	5:22	39:42
196	206	196	45	Barletta Adriano	M	1974	SM50	29	Asd Endurance Training	37:23	1:33:50	01:54:31	5:25	40:41

197	205	197	43	Ambrosetti Davide	M	1984	SM40	29	Asd Endurance Training	37:23	1:33:49	01:54:31	5:25	40:41
198	242	198	129	Minchella Rodolph	M	1976	SM45	37	Runcard	39:14	1:34:48	01:54:34	5:25	40:44
199	202	199	169	Marotta Barbara	F	1974	SF50	3	Atletica Ceccano	37:02	1:32:57	01:54:41	5:26	40:51
200	216	200	3	Bucciarelli Angelo Antonio	M	1953	SM70	2	Atletica Ceccano	37:41	1:33:54	01:54:42	5:26	40:51
201	219	201	282	Cione Moreno	M	1971	SM50	30	A.s.d. Liri Runners	37:43	1:34:29	01:54:45	5:26	40:55
202	228	202	53	D'Aversa Angelo	M	1968	SM55	30	Asd Endurance Training	38:16	1:34:45	01:54:55	5:26	41:05
203	232	203	244	De Francesco Adriano	M	1980	SM45	38	Podistica Solidarieta'	38:41	1:34:26	01:55:04	5:27	41:14
204	125	204	39	Vinciguerra Angelo	M	1975	SM50	31	Ernica Veroli	33:30	1:24:02	01:55:05	5:27	41:15
205	185	205	38	Terzini Pierfrancesco	M	1982	SM40	30	Ernica Veroli	35:41	1:34:38	01:55:21	5:28	41:30
206	214	206	159	Bruni Diego	M	1974	SM50	32	Atletica Ceccano	37:40	1:33:54	01:55:24	5:28	41:34
207	207	207	91	Tiberia Luisa	F	1968	SF55	5	Il Corridore Running Club Asd	37:28	1:34:16	01:55:25	5:28	41:35
208	208	208	78	Gatta Gerardo	M	1966	SM55	31	Il Corridore Running Club Asd	37:28	1:34:16	01:55:26	5:28	41:36
209	218	209	280	Bonanni Fabio	M	1969	SM55	32	Asd Roccagorga	37:42	1:34:29	01:55:31	5:28	41:40
210	200	210	144	D'Ercole Stefano	M	1974	SM50	33	Asd Atl.citta' Dei Papi Anagni	36:51	1:33:46	01:55:38	5:28	41:48
211	199	211	262	Proietti Sesto	M	1958	SM65	2	Runners Team Paliano	36:50	1:33:46	01:55:38	5:28	41:48
212	209	212	72	Cerquozzi Stefania	F	1978	SF45	2	Il Corridore Running Club Asd	37:30	1:34:01	01:55:39	5:28	41:49
213	198	213	277	Masella Demetrio	M	1959	SM65	3	Podisti Valmontone	36:44	1:33:08	01:55:40	5:29	41:50
214	195	214	278	Sintesi Eleonora	F	1981	SF40	5	Podisti Valmontone	36:25	1:33:08	01:55:41	5:29	41:51
215	183	215	56	Genovesi Massimiliano	M	1970	SM55	33	Asd Endurance Training	35:39	1:33:10	01:56:01	5:29	42:11
216	240	216	44	Baldesi Gianluigi	M	1978	SM45	39	Asd Endurance Training	39:12	1:36:21	01:56:30	5:31	42:39
217	239	217	63	Quaglia Cesare	M	1978	SM45	40	Asd Endurance Training	39:12	1:36:22	01:56:53	5:32	43:03
218	204	218	5	Martini Giovanni	M	1953	SM70	3	Oro Fantasy	37:22	1:35:16	01:57:13	5:33	43:23
219	223	219	136	Suriano Anna	F	1972	SF50	4	Runcard	37:52	1:35:24	01:57:14	5:33	43:23
220	243	220	274	Presciutti Riccardo	M	1967	SM55	34	Asd Genzano Marathon	39:15	1:36:06	01:57:26	5:34	43:36
221	213	221	202	Palladino Michelangelo	M	1955	SM70	4	Pol. Atletica Ceprano	37:37	1:33:53	01:57:42	5:34	43:52
222	257	222	9	Carinci Stefano	M	1971	SM50	34	Ernica Veroli	40:07	1:37:50	01:58:16	5:36	44:26
223	222	223	250	Pellicano Ezio	M	1973	SM50	35	Runners Team Carpineto Rom	37:50	1:35:30	01:58:21	5:36	44:31
224	211	224	312	Gazzellini Simone	M	1976	SM45	41	Fondi Runners 2010	37:33	1:35:58	01:58:21	5:36	44:31
225	226	225	225	Riposo Daniele	M	1980	SM45	42	Briganti D'Abruzzo	37:53	1:37:14	01:58:27	5:36	44:37



226	224	226	226	Riposo Fabio	M	1978	SM45	43	Briganti D'Abruzzo	37:53	1:37:13	01:58:27	5:36	44:37
227	265	227	151	Pinto Giuseppe	M	1975	SM50	36	Asd Atl.citta' Dei Papi Anagni	41:15	1:37:26	01:58:30	5:37	44:40
228	229	228	182	Manni Marco	M	1961	SM60	11	Torrice Runners	38:17	1:36:07	01:58:31	5:37	44:41
229	235	229	214	Marcuccilli Nicoletta	F	1980	SF45	3	Atletica Arce	38:56	1:36:50	01:58:32	5:37	44:42
230	234	230	217	Sera Gianmarco	M	1974	SM50	37	Atletica Arce	38:55	1:36:45	01:58:33	5:37	44:43
231	212	231	201	Moretti Paolo	M	1968	SM55	35	Pol. Atletica Ceprano	37:37	1:36:32	01:58:43	5:37	44:53
232	245	232	84	Peronti Davide	M	1985	SM40	31	Il Corridore Running Club Asd	39:25	1:37:12	01:58:48	5:37	44:57
233	230	233	96	Ascione Damiano	M	1977	SM45	44	A.s.d. Frosinone Sport	38:24	1:36:22	01:58:52	5:38	45:02
234	233	234	203	Paniccia Filippo	M	1968	SM55	36	Pol. Atletica Ceprano	38:53	1:37:07	01:58:53	5:38	45:03
235	203	235	135	Sassone Stefano	M	1972	SM50	38	Runcard	37:19	1:35:42	01:58:55	5:38	45:05
236	247	236	48	Campioni Antongiulio	M	1979	SM45	45	Asd Endurance Training	39:27	1:37:15	01:58:59	5:38	45:09
237	249	237	290	Viel Manuela Silvia	F	1984	SF40	6	Asd Runners Team Colleferro	39:30	1:37:44	01:59:15	5:39	45:25
238	220	238	271	Stramaccioni Daniele	M	1977	SM45	46	Team Alatri Prince 2.0	37:49	1:37:18	01:59:37	5:40	45:47
239	248	239	147	Magistro Michele	M	1977	SM45	47	Asd Atl.citta' Dei Papi Anagni	39:27	1:37:45	02:00:04	5:41	46:14
240	246	240	176	Alonzi Massimo	M	1978	SM45	48	Torrice Runners	39:26	1:37:44	02:00:04	5:41	46:14
241	215	241	29	Melideo Giuseppe	M	1969	SM55	37	Ernica Veroli	37:40	1:37:44	02:01:02	5:44	47:12
242	197	242	313	Felici Eleonora	F	1977	SF45	4	A.s.d. Piano Ma Arriviamo	36:38	1:37:36	02:01:18	5:45	47:28
243	184	243	33	Pigliacelli Ilan	M	1980	SM45	49	Ernica Veroli	35:41	1:35:45	02:01:41	5:46	47:50
244	237	244	256	Chicca Augusta	F	1973	SF50	5	Oro Fantasy	39:09	1:39:13	02:02:04	5:47	48:14
245	236	245	257	Nucera Giuseppe	M	1960	SM65	4	Oro Fantasy	39:08	1:39:13	02:02:05	5:47	48:15
246	251	246	30	Paesano Jean Philippe	M	1964	SM60	12	Ernica Veroli	39:31	1:39:04	02:02:22	5:48	48:31
247	241	247	19	Ezioni Guedez William Trinity	M	1980	SM45	50	Ernica Veroli	39:13	1:36:59	02:02:29	5:48	48:39
248	250	248	276	Di Roberto Lidia	F	1960	SF65	1	Podisti Valmontone	39:31	1:39:08	02:02:34	5:48	48:44
249	227	249	253	Festino Alessandro	M	1984	SM40	32	Asd Atletica Ferentino	37:54	1:38:09	02:03:10	5:50	49:20
250	254	250	325	Bonavenia Franco	M	1960	SM65	5	Asd Circolo Dei Fiori	39:47	1:40:15	02:03:35	5:51	49:45
251	252	251	314	Panfilì Giovanni	M	1968	SM55	38	A.s.d. Piano Ma Arriviamo	39:35	1:41:03	02:03:55	5:52	50:05
252	258	252	194	Coccia Davide	M	1970	SM55	39	Pol. Atletica Ceprano	40:29	1:41:42	02:04:40	5:54	50:50
253	225	253	227	De Ioris Mauro	M	1971	SM50	39	Briganti D'Abruzzo	37:53	1:40:01	02:04:42	5:54	50:52
254	261	254	180	Indaco Massimiliano	M	1976	SM45	51	Torrice Runners	40:51	1:41:45	02:04:51	5:55	51:01

255	259	255	195	Colasanti Denice	F	1972	SF50	6	Pol. Atletica Ceprano	40:31	1:42:03	02:05:16	5:56	51:26
256	231	256	243	Casciani Danilo	M	1980	SM45	52	Podistica Solidarieta'	38:41	1:40:46	02:05:53	5:58	52:02
257	244	257	231	Marino Antonio	M	1978	SM45	53	Asd Spartan Sport Academy	39:16	1:41:41	02:06:19	5:59	52:29
258	217	258	171	Masi Andrea	M	1978	SM45	54	Atletica Ceccano	37:41	1:37:34	02:08:44	6:06	54:54
259	269	259	4	Lucchi Paolo	M	1953	SM70	5	Oro Fantasy	41:57	1:45:26	02:09:03	6:07	55:13
260	262	260	184	Moriconi Faustino	M	1963	SM60	13	Torrice Runners	40:51	1:44:03	02:09:13	6:07	55:23
261	256	261	141	Cecilia Silvia	F	1987	SF35	3	Asd Atl.citta' Dei Papi Anagni	40:05	1:45:28	02:10:35	6:11	56:44
262	263	262	75	De Fusco Sebastiano	M	1968	SM55	40	Il Corridore Running Club Asd	41:03	1:47:04	02:12:05	6:15	58:14
263	264	263	86	Rinaldi Tiziana	F	1972	SF50	7	Il Corridore Running Club Asd	41:10	1:47:04	02:12:05	6:15	58:15
264	270	264	65	Scaccia Gianfranco	M	1955	SM70	6	Asd Endurance Training	42:09	1:47:09	02:12:27	6:16	58:37
265	255	265	273	El Messaoudi Mounia	F	1977	SF45	5	Asd Genzano Marathon	39:52	1:46:48	02:12:27	6:16	58:37
266	271	266	288	Proietti Eleonora	F	1976	SF45	6	Asd Runners Team Colleferro	42:26	1:47:08	02:12:57	6:18	59:07
267	260	267	269	Ceci Luca	M	1976	SM45	55	Team Alatri Prince 2.0	40:39	1:44:28	02:13:01	6:18	59:11
268	266	268	252	Coreno Paola	F	1969	SF55	6	Asd Atletica Ferentino	41:20	1:47:38	02:14:11	6:21	60:21
269	267	269	157	Arduini Roberto	M	1964	SM60	14	Atletica Ceccano	41:28	1:48:22	02:17:24	6:30	63:34
270	274	270	47	Beltrame Claudia	F	1976	SF45	7	Asd Endurance Training	43:02	1:51:27	02:17:53	6:32	64:03
271	275	271	52	Cretaio Daniela	F	1971	SF50	8	Asd Endurance Training	43:03	1:51:27	02:17:54	6:32	64:03
272	253	272	185	Nobili Benito	M	1979	SM45	56	Torrice Runners	39:39	1:49:26	02:18:06	6:32	64:16
273	272	273	50	Caruso Alessandro	M	1976	SM45	57	Asd Endurance Training	42:28	1:51:18	02:22:45	6:45	68:54
274	273	274	60	Mastrantoni Davide	M	1982	SM40	33	Asd Endurance Training	42:29	1:51:17	02:22:47	6:46	68:57
275	276	275	131	Patirelis Panteleimon	M	1963	SM60	15	Runcard	45:12	1:57:50	02:26:40	6:57	72:50
276	277	276	1	Maniccia Mario	M	1943	SM80	1	Ernica Veroli	48:16	2:05:42	02:34:12	7:18	80:21