

# GARA » L'Alba dei Marsi 21Km

Atleti arrivati: 183

Atleti iscritti: 205

Distanza percorso: 21000m

## CLASSIFICA GENERALE

Pos.	Pett.	Nome atleta	M/F	Anno	Cat.	N. Cat.	Società	T. Tempo	Velocità	Diff.
1	201	Rossi Matteo	M	2000	SM23		G.s. Orecchiella Garfagnana	01:33:06	4:26	
2	360	Di Sante Donatello	M	1979	SM45		Aletica Venafro	01:44:25	4:58	11:19
3	296	D'Andrea Maurizio	M	1978	SM45		Asd Alto Sangro Zero Gravity	01:47:08	5:06	14:02
4	375	Cioccolini Giuseppe	M	1967	SM55	1	A.s.d. At Running	01:47:50	5:08	14:44
5	352	Cadme Parra Mesias Octavio	M	1977	SM45	1	A.s.d. Running Evolution	01:48:24	5:09	15:17
6	240	Cerulli Simone	M	1986	SM35	1	A.s.d. Top Trail	01:49:10	5:11	16:04
7	228	Iezzi Christian	M	1983	SM40	1	Asd Atletica Val Tavo	01:49:25	5:12	16:18
8	373	De Carli Denny	M	1983	SM40	2	Pol. Ciociara Antonio Fava	01:51:28	5:18	18:22
9	207	Parmegiani Luigi	M	1979	SM45	2	Atl.stud. Rieti Andrea Milardi	01:52:14	5:20	19:08
10	379	Di Loreto Gianmaria	M	1981	SM40	3	Ecoroscetta	01:53:38	5:24	20:32
11	350	Masserizzi Marco	M	1988	SM35	2	Ssd Runner Trainer A R.I.	01:54:22	5:26	21:16
12	284	Sperandii Federico	M	1987	SM35	3	G.p.pretuzi Runners Teramo Asd	01:55:06	5:28	21:59
13	287	Del Grosso Veronica	F	1987	SF35		Asd Usa Sporting Club Avezzano	01:56:04	5:31	22:58
14	219	Volpi Valerio	M	1982	SM40	4	Runcard	01:56:06	5:31	23:00
15	260	Pagliarella Giuseppe	M	1985	SM35	4	Let'S Run For Solidarity	01:56:37	5:33	23:31
16	401	Gaffi Mirco	M	1982	SM40	5	Ssd Runner Trainer A R.I.	01:57:18	5:35	24:11
17	291	Volpe Mauro	M	1961	SM60	1	Asd Atletica Abruzzo L'Aquila	02:00:56	5:45	27:50
18	300	Stornelli Cesare	M	1972	SM50	1	A.s.d. Runners Avezzano	02:01:38	5:47	28:32
19	289	Messina Andrea	M	1977	SM45	3	Runcard	02:02:24	5:49	29:17
20	299	Lisciani Gabriele	M	1961	SM60	2	A.s.d. Runners Avezzano	02:02:28	5:49	29:21
21	374	Cicuzza Gabriele	M	1991	SM23	1	Running Team Alatri	02:02:36	5:50	29:29
22	320	Di Marco Massimo	M	1978	SM45	4	Asd Usa Sporting Club Avezzano	02:03:18	5:52	30:12
23	356	Quattrocchi Fabrizio	M	1968	SM55	2	Asd Usa Sporting Club Avezzano	02:03:55	5:54	30:48
24	204	Pallini Daniele	M	1985	SM35	5	Asd Cologna Spiaggia	02:04:31	5:55	31:25
25	224	Mosconi Federico	M	1987	SM35	6	G.s. Cat Sport Roma	02:04:43	5:56	31:37
26	331	Capodacqua Giampietro	M	1965	SM55	3	A.s.d. Runners Avezzano	02:04:48	5:56	31:42
27	336	Pizzola Mauro	M	1980	SM40	6	Tivoli Marathon	02:06:43	6:02	33:37
28	400	Catena Gianfranco	M	1980	SM40	7	M. C. Manoppello Sogeda	02:08:48	6:08	35:42
29	348	Di Cristoforo Luigi	M	1988	SM35	7	Runcard	02:08:52	6:08	35:45
30	396	Malcotti Marco	M	1967	SM55	4	A.s.d. Pi8 Running	02:09:25	6:09	36:18
31	278	Faraglia Andrea	M	1977	SM45	5	Runcard	02:10:08	6:11	37:02
32	236	Spatocco Carlo	M	1990	SM23	2	Runcard	02:10:10	6:11	37:03
33	333	Dioguardi Rodolfo	M	1979	SM45	6	Asd Pescara Marathon	02:10:12	6:12	37:05
34	277	Gaffi Silvia	F	1992	SF23		Ssd Runner Trainer A R.I.	02:12:11	6:17	39:05
35	220	Chiavaroli Fabio	M	1972	SM50	2	Let'S Run For Solidarity	02:12:39	6:19	39:33
36	256	Loffredi Michele	M	1980	SM40	8	Runcard	02:12:42	6:19	39:36
37	357	D'Ottavi Alessandro	M	1974	SM50	3	Pol. Ciociara Antonio Fava	02:12:59	6:19	39:53
38	355	Scoppola Paolo Valerio	M	1975	SM45	7	Aletica Cecchina Al.pa. Asd	02:13:09	6:20	40:02

39	337	Cardini Paolo	M	1973	SM50	4	Atletica Cecchina Al.pa. Asd	<b>02:13:30</b>	6:21	40:23
40	257	Shablista Nataliya	F	1971	SF50		Asd Usa Sporting Club Avezzano	<b>02:13:35</b>	6:21	40:29
41	316	D'Addario Saverio	M	1962	SM60	3	A.s.d. Pescasseroli	<b>02:13:43</b>	6:22	40:36
42	293	Mascioli Giampaolo	M	1994	SM23	3	Asd Runners Chieti	<b>02:13:55</b>	6:22	40:48
43	402	Pelosi Federica	F	1985	SF35	1	A.s.d. Top Trail	<b>02:14:56</b>	6:25	41:50
44	340	Acconcia Francesco	M	1982	SM40	9	E' Fit Multisport Asd	<b>02:15:37</b>	6:27	42:30
45	361	Buzzelli Lorella	F	1969	SF55	1	Asd Runners Chieti	<b>02:16:04</b>	6:28	42:57
46	371	Pretara Pierluigi	M	1968	SM55	5	Asd 'Liberi Podisti Abruzzesi'	<b>02:16:05</b>	6:28	42:59
47	388	Frasca Leandro	M	1958	SM65	1	Pol. Ciociara Antonio Fava	<b>02:16:11</b>	6:29	43:05
48	283	Nicoletti Alessandro	M	1978	SM45	8	Atl.stud. Rieti Andrea Milardi	<b>02:16:20</b>	6:29	43:14
49	314	Vitale Stefano	M	1969	SM55	6	A.s. Atl. Rocca Di Papa	<b>02:16:42</b>	6:30	43:35
50	370	Di Cesare Giacomo	M	1976	SM45	9	A.s.d. Tocco Runner	<b>02:16:47</b>	6:30	43:40
51	310	Ilardi Ash	M	1973	SM50	5	G.s. Cat Sport Roma	<b>02:17:13</b>	6:32	44:07
52	253	D'Agostino Andrea	M	1974	SM50	6	Asd Atletica Val Tavo	<b>02:17:14</b>	6:32	44:08
53	369	Scatozza Domenico	M	1983	SM40	10	Runcard	<b>02:18:30</b>	6:35	45:24
54	298	Sebastiani Fabrizio	M	1958	SM65	2	Asd Runners Chieti	<b>02:18:33</b>	6:35	45:26
55	339	Marchesani Giuseppe	M	1972	SM50	7	Asd 'Vini Fantini'	<b>02:18:45</b>	6:36	45:38
56	346	Taballione Annalisa	F	1980	SF40	1	Asd Atletica Abruzzo L'Aquila	<b>02:19:26</b>	6:38	46:20
57	258	Grandinelli Giulio	M	1973	SM50	8	Asd Enea	<b>02:20:09</b>	6:40	47:03
58	265	Ulpiani Marco	M	1988	SM35	8	Runcard	<b>02:20:45</b>	6:42	47:38
59	319	Menna Lucio Javier	M	1997	SM23	4	Asd Gruppo Podistico Il Crampo	<b>02:22:27</b>	6:47	49:20
60	321	Petronio Massimo	M	1975	SM45	10	Asd I Lupi D'Abruzzo	<b>02:23:15</b>	6:49	50:08
61	309	Marrani Danilo	M	1972	SM50	9	Lbm Sport Team	<b>02:23:21</b>	6:49	50:14
62	326	Panepucci Lucio	M	1971	SM50	10	Asd Atletica Abruzzo L'Aquila	<b>02:24:03</b>	6:51	50:56
63	392	Masci Fabrizio	M	1962	SM60	4	Runcard	<b>02:24:22</b>	6:52	51:15
64	384	Colazzilli Alessandro	M	1977	SM45	11	A.s.d. Tocco Runner	<b>02:24:25</b>	6:52	51:19
65	232	Bruni Flavio	M	1967	SM55	7	Ciampino 2r	<b>02:25:21</b>	6:55	52:14
66	406	De Rose Matteo	M	1977	SM45	12	Lbm Sport Team	<b>02:25:31</b>	6:55	52:25
67	292	Botero Santiago	M	1993	SM23	5	Rgr - Run Gang Roma	<b>02:26:22</b>	6:58	53:15
68	263	Perri Giovanni	M	1967	SM55	8	Asd Runners Chieti	<b>02:26:56</b>	6:59	53:50
69	202	Silvestri Pietropaolo	M	1990	SM23	6	Asd Gruppo Podistico Amatoriale Pratola	<b>02:27:24</b>	7:01	54:18
70	282	Piccinni Gaetano	M	1978	SM45	13	Podistica Rocca Di Papa	<b>02:27:25</b>	7:01	54:18
71	271	Masciangelo Luisella	F	1977	SF45	1	Let'S Run For Solidarity	<b>02:27:28</b>	7:01	54:22
72	362	Figliomeni Vincenzo	M	1994	SM23	7	Runcard	<b>02:27:44</b>	7:02	54:38
73	405	Di Marco Piero	M	1968	SM55	9	Running Ruscio	<b>02:28:04</b>	7:03	54:58
74	377	Barocci Maurizio	M	1964	SM60	5	Atletica Lanuvium Asd	<b>02:28:05</b>	7:03	54:58
75	234	D'Adamo Alessandro	M	1985	SM35	9	Roma Ecomaratona	<b>02:28:15</b>	7:03	55:08
76	206	Ruzzo Maurizio	M	1973	SM50	11	A.s.d. Top Trail	<b>02:28:23</b>	7:03	55:17
77	241	Valle Floriana	F	1981	SF40	2	A.s.d. Citta' Castelli Romani	<b>02:28:54</b>	7:05	55:47
78	343	Di Cosimo Stefano	M	1978	SM45	14	Runcard	<b>02:29:06</b>	7:06	56:00
79	269	Bianchi Donato	M	1974	SM50	12	Asd Gruppo Podistico Amatoriale Pratola	<b>02:29:13</b>	7:06	56:07
80	285	Vagnozzi Marco	M	1986	SM35	10	G.p.pretuzi Runners Teramo Asd	<b>02:29:20</b>	7:06	56:13
81	372	Romilio Daniela	F	1972	SF50	1	Runcard	<b>02:29:24</b>	7:06	56:18
82	351	Attisani Luca	M	1976	SM45	15	A.s.d. Piano Ma Arriviamo	<b>02:29:29</b>	7:07	56:23

83	290	Avery James	M	1986	SM35	11	Rgr - Run Gang Roma	02:29:30	7:07	56:24
84	213	Iaboni Giovanni	M	1960	SM60	6	Podistica Luco Dei Marsi	02:29:41	7:07	56:35
85	249	Viotti Annarita	F	1969	SF55	2	Asd Atletica Palombara	02:30:34	7:10	57:28
86	344	Contento Corredor Sara Helena	F	1975	SF45	2	G.s. Cat Sport Roma	02:30:44	7:10	57:38
87	274	Cerioni Alessandro	M	1971	SM50	13	Atletica Fiano Romano	02:30:47	7:10	57:40
88	332	Di Duca Domenico	M	1974	SM50	14	Asd Atina Trail Running	02:31:10	7:11	58:04
89	366	La Farciola Oscar	M	1976	SM45	16	Runcard	02:33:13	7:17	60:06
90	364	Di Martino Francesco	M	1984	SM40	11	Asd Progetto Running	02:33:55	7:19	60:48
91	342	Emili Evelina	F	1982	SF40	3	A.s. Atl. Rocca Di Papa	02:33:57	7:19	60:51
92	368	Ricci Matteo	M	1982	SM40	12	Adriatico Team Polisportiva	02:34:04	7:20	60:57
93	214	Costalunga Fabrizio	M	1966	SM55	10	Atl. Tusculum	02:34:08	7:20	61:02
94	227	Pizzuti Silvia Ninfa	F	1974	SF50	2	Bussi Runner	02:35:57	7:25	62:51
95	363	Chiola Daniele	M	1981	SM40	13	Asd Atletica Val Tavo	02:36:43	7:27	63:37
96	353	Maccione Riccardo	M	1997	SM23	8	A.s.d. Piano Ma Arriviamo	02:36:54	7:28	63:47
97	255	Sardone Eustachio	M	1982	SM40	14	Podistica Solidarieta'	02:38:40	7:33	65:33
98	281	Fontolan Federico	M	1971	SM50	15	Runcard	02:38:43	7:33	65:37
99	218	Petrungaro Giuseppe	M	1976	SM45	17	Trail Dei 2 Laghi	02:39:34	7:35	66:27
100	387	Boccia Cristiano	M	1972	SM50	16	Il Corridore Running Club Asd	02:39:57	7:37	66:51
101	205	Ruzzo Daniele	M	1978	SM45	18	A.s.d. Top Trail	02:40:07	7:37	67:01
102	243	De Stefano Ilaria	F	1979	SF45	3	A.s.d. Citta' Castelli Romani	02:40:08	7:37	67:02
103	242	Valle Emanuela	F	1985	SF35	2	A.s.d. Citta' Castelli Romani	02:40:08	7:37	67:02
104	297	Del Ciello Luciano	M	1962	SM60	7	Runcard	02:40:14	7:37	67:08
105	407	Navarra Vito	M	1971	SM50	17	Ssd Runner Trainer A R.I.	02:40:54	7:39	67:47
106	231	Manzini Maria Luisa	F	1974	SF50	3	A.s.d. Podistica Aprilia	02:41:14	7:40	68:08
107	378	Toscano Luigi	M	1960	SM60	8	A.s.d. Amatori Vesuvio	02:41:35	7:41	68:28
108	404	Di Nicola Alessandro	M	1971	SM50	18	Lbm Sport Team	02:41:54	7:42	68:47
109	367	Bruni Gabriele	M	1987	SM35	12	Pol. Ciociara Antonio Fava	02:41:54	7:42	68:48
110	216	Onelli Augusto	M	1970	SM50	19	A.s.d. Runners Avezzano	02:42:23	7:43	69:17
111	322	Bracciantini Luca	M	1980	SM40	15	Asd Runners Pescara	02:43:45	7:47	70:39
112	235	Uttinacci Roberta	F	1980	SF40	4	Roma Ecomaratona	02:44:04	7:48	70:58
113	270	Barletta Antonino Rosario	M	1970	SM50	20	Podistica Solidarieta'	02:44:06	7:48	71:00
114	380	Appugliese Antonino	M	1971	SM50	21	Asd Gruppo Podistico Il Crampo	02:44:17	7:49	71:11
115	359	Belli Franco	M	1992	SM23	9	Il Corridore Running Club Asd	02:44:46	7:50	71:39
116	376	Romano Gargarella Cristiano	M	1974	SM50	22	Asd Gruppo Podistico Il Crampo	02:45:01	7:51	71:55
117	268	Fornari Antonella	F	1967	SF55	3	Roma Ecomaratona	02:46:01	7:54	72:54
118	259	Reali Camilla	F	1982	SF40	5	A.s.d. Piano Ma Arriviamo	02:46:57	7:57	73:50
119	383	Stati Antonio	M	1959	SM65	3	Noi Pochi Intimi	02:47:53	7:59	74:46
120	397	Capetola Alessandro	M	1973	SM50	23	Ssd Runner Trainer A R.I.	02:48:23	8:01	75:16
121	247	De Francesco Fausto	M	1987	SM35	13	Asd Atletica Palombara	02:48:33	8:01	75:27
122	262	Stachowicz Edyta	F	1985	SF35	3	G.s. Cat Sport Roma	02:49:50	8:05	76:44
123	212	Comini Andrea	M	1974	SM50	24	Runcard	02:49:57	8:05	76:50
124	279	Bianchini Eugenia	F	1977	SF45	4	A.s.d. Piano Ma Arriviamo	02:50:06	8:06	76:59
125	264	Petrungaro Emanuele	M	1979	SM45	19	Trail Dei 2 Laghi	02:50:16	8:06	77:10
126	358	Di Norscia Domenico	M	1971	SM50	25	Runcard	02:50:21	8:06	77:15
127	272	Fiorelli Gaetano	M	1964	SM60	9	D+ Trail	02:50:28	8:07	77:21

128	330	Di Tommaso Anna	F	1977	SF45	5	A.s.d. Tocco Runner	02:51:59	8:11	78:52
129	288	Orefice Valerio	M	2003	SM23	10	Lbm Sport Team	02:54:05	8:17	80:59
130	230	Diori Alessio	M	1981	SM40	16	Roma Ecomaratona	02:54:36	8:18	81:30
131	329	Marino Francesco	M	1990	SM23	11	A.s.d. Tocco Runner	02:55:15	8:20	82:08
132	327	Tombolesi Riccardo Maria	M	1997	SM23	12	Runcard	02:55:16	8:20	82:10
133	211	Comini Lara	F	1975	SF45	6	Runcard	02:55:34	8:21	82:27
134	385	Milligan Heather Dawn	F	1974	SF50	4	Runcard	02:55:35	8:21	82:29
135	275	Dipierro Luca	M	1982	SM40	17	Podistica Rocca Di Papa	02:56:41	8:24	83:34
136	312	Marchewa Jerzy Bogdan	M	1969	SM55	11	A.s. Atl. Rocca Di Papa	02:56:41	8:24	83:34
137	323	Padroni Monica	F	1971	SF50	5	Jay Jay	02:56:45	8:25	83:39
138	233	De Angelis Roberto	M	1966	SM55	12	Runcard	02:57:48	8:28	84:42
139	222	Pierantozzi Massimo	M	1973	SM50	26	A.s.d. Piano Ma Arriviamo	02:57:59	8:28	84:52
140	221	D'Ercole Paolo	M	1988	SM35	14	Runcard	02:58:12	8:29	85:05
141	248	Pani Francesco	M	1984	SM40	18	Asd Atletica Palombara	02:58:41	8:30	85:34
142	398	Mollicone Alessandro	M	1973	SM50	27	Atl. Casone Noceto	02:59:31	8:32	86:25
143	244	Graganiello Antimo	M	1954	SM70	1	Vesuvio Lives	03:00:35	8:35	87:29
144	246	Bartucca Simone	M	1989	SM35	15	Asd Atletica Palombara	03:00:52	8:36	87:46
145	382	Pattofatto Riccardo	M	1972	SM50	28	Calcaterra Sport Asd	03:01:05	8:37	87:58
146	386	De Cesare Debora	F	1972	SF50	6	A.s.d. Piano Ma Arriviamo	03:01:05	8:37	87:59
147	294	Brahinger Christian	M	1973	SM50	29	Runcard	03:01:41	8:39	88:34
148	328	Severini Alberto	M	1963	SM60	10	A.s.d. Runners Avezzano	03:02:08	8:40	89:01
149	345	Di Massimo Gianluca	M	1985	SM35	16	A.s.d. Runners Avezzano	03:02:08	8:40	89:02
150	365	Rollo Luigi	M	1999	SM23	13	Club Correre Galatina	03:02:14	8:40	89:08
151	381	Mariani Lorenzo	M	1951	SM70	2	Atl. Tusculum	03:02:53	8:42	89:46
152	226	Colangelo Elvezia	F	1976	SF45	7	A.s.d. Runners Avezzano	03:03:09	8:43	90:02
153	313	Pierantozzi Andrea	M	1974	SM50	30	A.s. Atl. Rocca Di Papa	03:03:23	8:43	90:16
154	403	Bevacqua Noemi	F	1994	SF23	1	Ssd Runner Trainer A R.I.	03:04:20	8:46	91:13
155	217	Zanitti Leo	M	1967	SM55	13	Runcard	03:06:28	8:52	93:21
156	208	Pellerito Giuseppe	M	1990	SM23	14	Runcard	03:07:21	8:55	94:15
157	317	Cericola Rita	F	1966	SF55	4	Asd Gruppo Podistico Il Crampo	03:07:54	8:56	94:48
158	267	Pelle Michele	M	1973	SM50	31	Asd Usa Sporting Club Avezzano	03:09:22	9:01	96:16
159	354	Ceci Luca	M	1976	SM45	20	Team Alatri Prince 2.0	03:11:04	9:05	97:58
160	325	Tombolesi Roberto	M	1966	SM55	14	Runcard	03:11:15	9:06	98:09
161	225	Settevendemmie Gaetano	M	1950	SM70	3	Asd Usa Sporting Club Avezzano	03:13:45	9:13	100:38
162	238	Sgammato Amelia	F	1964	SF60	1	Bikers On The Roads	03:14:23	9:15	101:17
163	237	Esposito Vitaliano	M	1961	SM60	11	Bikers On The Roads	03:14:23	9:15	101:17
164	324	Pantano Massimo	M	1958	SM65	4	Team Alatri Prince 2.0	03:15:19	9:18	102:13
165	266	Baldassarra Ilenia	F	1979	SF45	8	A.s.d. Runners Avezzano	03:16:10	9:20	103:04
166	390	Polidori Domenico	M	1953	SM70	4	Asd Gruppo Podistico Il Crampo	03:16:11	9:20	103:04
167	252	D'Alessandri Enrico	M	1970	SM50	32	Podistica Rocca Di Papa	03:21:14	9:34	108:07
168	395	Vadala Emanuele	M	1982	SM40	19	Runcard	03:26:16	9:49	113:10
169	311	Erbi Francesca	F	1970	SF50	7	A.s.d. Vegan Power Team	03:28:23	9:55	115:16
170	391	Franciosi Andrea	M	1966	SM55	15	Purosangue Athletics Club	03:30:03	10:00	116:57
171	335	Mussardo Barbara	F	1974	SF50	8	Nuova Podistica Latina	03:31:02	10:02	117:55
172	251	Battisti Daniele	M	1963	SM60	12	Runcard	03:31:25	10:04	118:18

173	303	Masa Giuseppe	M	1963	SM60	13	Lbm Sport Team	<b>03:39:22</b>	10:26	126:16
174	304	Menesatti Elisabetta	F	1965	SF55	5	Lbm Sport Team	<b>03:39:22</b>	10:26	126:16
175	408	Landolfi Luca	M	1981	SM40	20	Lbm Sport Team	<b>03:39:22</b>	10:26	126:16
176	306	Amici Carla	F	1962	SF60	2	Lbm Sport Team	<b>03:39:22</b>	10:26	126:16
177	301	Balzano Antonino	M	1963	SM60	14	Lbm Sport Team	<b>03:39:23</b>	10:26	126:16
178	302	Balzano Maria Laura	F	1966	SF55	6	Lbm Sport Team	<b>03:39:23</b>	10:26	126:16
179	305	Del Tosto Antonio	M	1958	SM65	5	Lbm Sport Team	<b>03:39:23</b>	10:26	126:17
180	389	Villacorta Paima Veronica	F	1974	SF50	9	Trail Monti Simbruini	<b>03:42:48</b>	10:36	129:42
181	399	Giannitelli Francesco	M	1964	SM60	15	Pol. Ciociara Antonio Fava	<b>03:45:47</b>	10:45	132:41
182	349	Maccarone Stefania	F	1965	SF55	7	M. C. Manoppello Sogeda	<b>03:48:27</b>	10:52	135:21
183	318	Melatti Sonia Roberta	F	1972	SF50	10	Asd Gruppo Podistico Il Crampo	<b>03:48:27</b>	10:52	135:21